

# SAME LETTER CATEGORIES

## Description

This activity aims at making elderly to recall words starting with the same letter, but belonging to different categories: Animals, Food, Country, City, Job.

## Learning Objectives

Quick recalling of words of certain characteristics.



## Step By Step Guidance

Participants should first be told that they will have to think of words starting with the same letter and belonging to different categories. They should have their sheet divided into 5 columns with the respective title of each column. The moderator should pick a letter and participants have to write words for each category as fast they can. When someone finishes, they have to say loudly "FINISH" so that everyone stops writing and the person who was the first to write all the words, adds 5 points. The game might have as many rounds as the participants want.

## Time Needed

20 mins - 40 mins



## Learning Setting

In group activity

## Materials Required

Paper and pens



## Practical Tips

It could be an individual activity, but it is recommended to do it in a group to create a feeling of competition or collaboration. Categories of words may be adapted, to be fewer or more (ideas for more categories: Clothes, Sports, etc).

## Source

My Training Box

## Expected Results

- Better verbal memory
- Trained quick thinking
- Broadening of vocabulary



# SAME LETTER CATEGORIES

## Words Starting with 'A'

Animal: Antelope  
Food: Apple  
Country: Argentina  
City: Athens  
Job: Architect

## Words Starting with 'F'

Animal: Fox  
Food: Fig  
Country: Finland  
City: Florence  
Job: Farmer

## Words Starting with 'K'

Animal: Kangaroo  
Food: Kiwi  
Country: Kenya  
City: Kyoto  
Job: Key maker

## Words Starting with 'B'

Animal: Bear  
Food: Banana  
Country: Brazil  
City: Barcelona  
Job: Baker

## Words Starting with 'G'

Animal: Giraffe  
Food: Grapes  
Country: Germany  
City: Geneva  
Job: Geologist

## Words Starting with 'L'

Animal: Lion  
Food: Lemon  
Country: Lebanon  
City: London  
Job: Lawyer

## Words Starting with 'C'

Animal: Cat  
Food: Carrot  
Country: Canada  
City: Cairo  
Job: Carpenter

## Words Starting with 'H'

Animal: Horse  
Food: Honey  
Country: Hungary  
City: Houston  
Job: Hairdresser

## Words Starting with 'M'

Animal: Monkey  
Food: Mango  
Country: Mexico  
City: Madrid  
Job: Mechanic

## Words Starting with 'D'

Animal: Dog  
Food: Date  
Country: Denmark  
City: Dublin  
Job: Doctor

## Words Starting with 'I'

Animal: Iguana  
Food: Ice cream  
Country: India  
City: Istanbul  
Job: Interpreter

## Words Starting with 'N'

Animal: Newt  
Food: Noodles  
Country: Norway  
City: Nairobi  
Job: Nurse

## Words Starting with 'E'

Animal: Elephant  
Food: Eggplant  
Country: Egypt  
City: Edinburgh  
Job: Engineer

## Words Starting with 'J'

Animal: Jaguar  
Food: Jam  
Country: Japan  
City: Jakarta  
Job: Journalist

## Words Starting with 'O'

Animal: Owl  
Food: Orange  
Country: Oman  
City: Oslo  
Job: Optician

# SAME LETTER CATEGORIES

## Words Starting with 'P'

Animal: Penguin  
Food: Pineapple  
Country: Portugal  
City: Paris  
Job: Pharmacist

## Words Starting with 'U'

Animal: Urchin  
Food: Udon  
Country: Uganda  
City: Uppsala  
Job: Underwriter

## Words Starting with 'Z'

Animal: Zebra  
Food: Zucchini  
Country: Zambia  
City: Zurich  
Job: Zoologist

## Words Starting with 'Q'

Animal: Quail  
Food: Quiche  
Country: Qatar  
City: Quebec  
Job: Quantity surveyor

## Words Starting with 'V'

Animal: Vulture  
Food: Vanilla  
Country: Vietnam  
City: Vienna  
Job: Veterinarian

## Words Starting with 'R'

Animal: Rabbit  
Food: Raspberry  
Country: Romania  
City: Rome  
Job: Radiologist

## Words Starting with 'W'

Animal: Wolf  
Food: Watermelon  
Country: Wales  
City: Warsaw  
Job: Writer

## Words Starting with 'S'

Animal: Snake  
Food: Strawberry  
Country: Spain  
City: Sydney  
Job: Scientist

## Words Starting with 'X'

Animal: Xerus  
Food: -  
Country: -  
City: -  
Job: X-ray technician

## Words Starting with 'T'

Animal: Tiger  
Food: Tomato  
Country: Thailand  
City: Tokyo  
Job: Teacher

## Words Starting with 'Y'

Animal: Yak  
Food: Yogurt  
Country: Yemen  
City: Yokohama  
Job: Yoga instructor